

How to isolate a suspected COVID-19 case

Isolation separates sick people with a contagious disease from people who are not sick

If vessel does not have separate isolation facilities, consider the entire vessel under quarantine

If separate isolation facilities are available, follow this procedure:

- If a crewmember is identified as a potential COVID-19 case, immediately ask them to wear a facemask (a surgical mask, not N-95) if tolerated.
- Place the crewmember in a private room with the door closed
- Place a label on the door indicating no one is to enter the room without proper PPE.
- This room should have separate toilet and bathing facilities.
- Any staff entering the room should use Standard Precautions, Contact Precautions, and Airborne Precautions, and use eye protection such as goggles or a face shield. If N-95 masks are not available, a surgical mask may be considered an acceptable alternative at this time.
- Access to the room should be limited to personnel involved in direct care.
- Meals should be delivered to the room
- Dishes and utensils cleaned separately.
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- Anyone with exposure to the crewmember should document the date and time of exposure, nature of exposure (close contact, same room, secretions), and PPE worn.
- Meticulous hand hygiene MUST be performed immediately after doffing PPE.

- Maintain a distance of 6 feet from the sick person while interviewing, escorting, or providing other assistance.
- Keep interactions with sick people as brief as possible.
- Limit the number of people who interact with sick people. To the extent possible, have a single person give care and meals to the sick person.
- Avoid touching your eyes, nose, and mouth.

Wash your hands often with soap and water. If soap and water are not available and if hands are not visibly soiled, use a hand sanitizer containing 60%-95% alcohol.

- Provide tissues and access to soap and water
- Ask sick person to cover their mouth and nose with a tissue (or facemask) when coughing or sneezing
- Ask sick person to throw away used tissues immediately in a disposable container (e.g., plastic bag) or a washable trash can (prefer with lid)
- Ask sick person to wash their hands often with soap and water for 20 seconds.
- If soap and water are not available and hands are not visibly soiled, the sick person should use a hand sanitizer containing 60%-95% alcohol.

Once a crewmember is isolated, maintain a log to document: All personnel who enter the crewmember's room

- the time and date
- duration of exposure
- type of PPE worn,
- nature of exposure (close contact, secretions, same room).
- Provide name and contact information as well.

Once a crewmember is isolated, the following should be maintained and available for inspection:

- Daily logs of temperature on all crew
- Signs or symptoms including fever, cough or shortness of breath